

# AMINO ACID PROFILE

## NATIVE WHEY 95

### Essential Amino Acid Profiles per 100g

Histidine	1.9g
Isoleucine †	5g
Leucine †	11g
Lysine	8.9g
Methionine	2g
Phenylalanine	3.4g
Threonine	4.6g
Tryptophan	2g
Valine †	4.9g

† Branch Chained Amino Acid

### Non-Essential Amino Acid Profiles per 100g

Alanine	4.2g
Arginine	2.8g
Aspartic Acid	9.4g
Cystine	2.4g
Glutamic Acid	15.3g
Glycine	1.7g
Proline	4.7g
Serine	4.5g
Tyrosine	3.6g

