

# AMINO ACID PROFILE

## HYDROLYSED WHEY

### Essential Amino Acid Profiles per 100g

Histidine	1.9g
Isoleucine †	6.2g
Leucine †	11.2g
Lysine	9.9g
Methionine	2.4g
Phenylalanine	3.6g
Threonine	6.9g
Tryptophan	2.1g
Valine †	6.1g

† Branch Chained Amino Acid

### Non-Essential Amino Acid Profiles per 100g

Alanine	5.2g
Arginine	2.6g
Aspartic Acid	11.2g
Cystine	2.4g
Glutamic Acid	18.4g
Glycine	1.9g
Proline	6.3g
Serine	5.1g
Tyrosine	3.2g

