

AMINO ACID PROFILE

BROWN RICE PROTEIN

Essential Amino Acid Profiles per 100g

Histidine	2.6g
Isoleucine †	3.9g
Leucine †	8.4g
Lysine	3.2g
Methionine	3.0g
Phenylalanine	5.9g
Threonine	3.8g
Tryptophan	0.9g
Valine †	5.8g

† Branch Chained Amino Acid

Non-Essential Amino Acid Profiles per 100g

Alanine	5.7g
Arginine	7.7g
Aspartic Acid	9.1g
Cystine	2.7g
Glutamic Acid	18.1g
Glycine	4.4g
Proline	4.6g
Serine	5.1g
Tyrosine	5.1g

