

# AMINO ACID PROFILE

## IMPACT WHEY ISOLATE

Typical values of naturally occurring amino acids found in Impact Whey Isolate (per 100g of protein)

Alanine	5.18	Lysine	9.80
Arginine	2.02	Methionine	2.21
Aspartic Acid	10.82	Phenylalanine	3.03
Cysteine	2.19	Proline	6.14
Glutamic Acid	17.67	Serine	4.45
Glycine	1.62	Threonine	6.81
Histidine	1.58	Tryptophan	1.81
Isoleucine	6.27	Tyrosine	2.83
Leucine	10.60	Valine	5.53

\*(natural variability may occur)

