

# AMINO ACID PROFILE

## IMPACT WHEY PROTEIN

Typical values of naturally occurring amino acids found in Impact Whey Protein (per 100g of protein)

Alanine	4.72	Lysine	8.63
Arginine	2.49	Methionine	2.04
Aspartic Acid	10.06	Phenylalanine	3.04
Cysteine	2.16	Proline	5.40
Glutamic Acid	16.25	Serine	4.70
Glycine	1.75	Threonine	6.43
Histidine	<b>1.69</b>	Tryptophan	<b>1.86</b>
Isoleucine	5.83	Tyrosine	2.81
Leucine	10.08	Valine	5.53

\*(natural variability may occur)

