A Choice of Experiences from the Deluxe Collection for Him

This Multi-Choice Voucher can be used for any one of Experiences listed below. All you need to do is to decide which one! For further information on how to book your experience please see the "how do I make a booking" section below.

300ft Bungee Jump:

Need something with a bit extra? Well a 300ft Bungee jump will do just that! A Crane will winch you to a height of 300ft, the highest available jump in the UK. Once all the final checks have been made, it's 3 2 1 Bungee! With 4 seconds of freefall, it's an experience you will not forget.

Location: Windsor in Berkshire and Manchester in Cheshire

Restrictions: Minimum age: 14. (14 and 15 year olds require parental/guardian consent). Over 50s require a signed doctors medical certification. You will not be permitted to jump should you have any of the following conditions: Pregnancy, High Blood Pressure, Heart Problems, Epilepsy, Neurological conditions or Asthma. Participants cannot jump if they have any damage to neck, spine, legs or eyes. Glasses or contact lenses may not be worn.

Abseiling and Climbing Combo:

Get the best of both! Spend the morning climbing on the Sandstone rocks of Sussex learning how to climb, and belay your fellow climbers. A short break for lunch then it's off to the abseil tower as you spend the afternoon whizzing down the vertical face. You can even try it blindfolded!

Southern sandstone is surrounded by beautiful woodland and has the advantage of ease of access, being situated halfway between London and Brighton. Because of the soft nature of the rocks we can not abseil on them as it causes too much damage, so a 20min drive will see us at our 33ft purpose built Abseiling tower. Location: Near East Grinstead in Sussex.

Restrictions: Minimum age: 14. (Under 18's must be accompanied by a participating parent or legal guardian). Maximum age: 65. Maximum weight: 16 stone. Participants should be in reasonable health and have a general level of fitness.

Aerotow or Two Winch Launch Glider Flight:

Experience the total tranquillity of soaring and circling on the thermals, drifting silently on the wind in a dual control glider. After a short briefing from your British Gliding Association instructor, it's time to take to the skies for an unforgettable flight. You'll take the controls during your flight, and if you get hooked, this first lesson counts towards a Glider Pilot's certificate.

Location: Bedfordshire, Buckinghamshire, Devon, Essex, Lincolnshire, Leicestershire, Kent, Oxfordshire, Staffordshire, Wales, Warwickshire, Yorkshire. Kindly note: the type of flight offered will vary by location, please check at the time of booking.

Restrictions: Minimum Age: 12 (under 18's need parental/guardian consent). Minimum Height: N/A. Maximum Height: 6'4". Maximum Weight: 16 stone. Participants should be in reasonable health and agile enough to climb into the aircraft.

All About Cookery Class for One at L'atelier des Chefs:

This fantastic two hour cookery class taken by a Michelin star trained chef allows you to indulge in the excitement of learning a particular cuisine or technique. Whether it's honing your knife skills while filleting a fish, learning the secret to a perfect macaroon or blending an intricate balance of spices for a Moroccan tagine, there is undoubtedly a class to inspire and excite the chef in everyone.

In a bright and spacious professional kitchen, a Michelin star trained chef will guide you through each step of your chosen menu, sharing expert tips and tricks of the trade along the way. Once you've acquired your new skills and cooked your mouth-watering meal, retire to the modern dining room to enjoy your food with a complimentary half bottle of wine. After your meal you will also receive an L'atelier des Chefs apron. What's more, you will be sent all of the recipes by email so that you can put your new skills immediately into practice and recreate your successes again and again for friends and family at home!

Restrictions: The minimum age for this experience is usually 16. Anyone under this age will need to contact L'atelier des Chefs direct for confirmation. Minimum age limits depend upon the recipes being taught.

Aston Martin Thrill:

The Aston Martin is a hand-crafted sports car that offers electrifying performance and outstanding agility. Its low, purposeful stance is both elegant yet aggressive. Could there be a more exciting way to experience one of the world's most exhilarating high performance sports cars? We think not. The course will begin with a short introductory briefing on driving techniques and safety, then it's on to the main event, your chance to get behind the wheel of a beautiful Aston Martin for an exhilarating drive. The number of laps will depend on your chosen location and length of circuit but it will be between 3 and 6. At the end of the experience you will take home a driving assessment and certificate.

Please note: At some venues there will be a demonstration lap with an instructor in a track prepared sports or saloon car prior to your drive in the Aston Martin.

Location: Castle Donington in Derbyshire, Prestwold Hall in Leicestershire, Great Tew in Oxfordshire, Teeside in County Durham, Elvington in Yorkshire, Rockingham in Northamptonshire, Three Sisters in Lancashire, Silverstone in Northamptonshire, Seighford in Staffordshire

Restrictions: Drivers shorter than 5'2, taller than 6'4 (6'6" at Seighford) and/or weighing more than 16 stone (18 ½ stone at Seighford) may not be accommodated. Please check at the time of booking. Participants must hold a full manual driving licence which must be presented on the day (photocopies will not be accepted). At Donington, Rockingham, Great Tew, Three Sisters, and Elvington this must have been held for at least 1 year. At Silverstone you must have held a licence for at least 3 years and the minimum age is 21. All participants must be in reasonable health, if you are in doubt then please seek advice from your GP.

Audi R8 Thrill:

Drive the fantastic Audi R8 - 4.2 Litre V8 Supercar. The R8 was built to take your breath away. Audi's leading designers have pushed the boundaries of racing technology, futuristic construction and luxury refinement to deliver a genuine masterpiece. The R8's features include a centrally-mounted, high-revving V8 petrol engine, Audi Space Frame (ASF) construction; front and rear double wishbone suspension and the stability of quattro four-wheel-drive. Now drive it and you will see why the Audi R8 has a top speed of 187 mph.

Location: Castle Donington in Derbyshire, Prestwold Hall in Leicestershire, Rockingham in Northamptonshire, Great Tew in Oxfordshire, Three Sisters in Lancashire, Elvington in Yorkshire or Seighford in Staffordshire.

Restrictions: Drivers shorter than 5'2, taller than 6'4 (6'6" at Seighford) and/or weighing more than 16 stone (18 ½ stone at Seighford) may not be accommodated. Please check at the time of booking. Participants must hold a full manual driving licence which must be presented on the day (photocopies will not be accepted). At Donington, Rockingham, Great Tew, Three Sisters, and Elvington this must have been held for at least 1 year. All participants must be in reasonable health, if you are in doubt then please seek advice from your GP.

Boeing 737 Flight Simulator - 30 Minute Flight:

Get an exclusive opportunity to experience flying without leaving the ground. You will experience the thrill and exhilaration of taking the controls and become Captain of your own Boeing 737. During your session, you will be guided by one of the highly trained airline pilots who will assist you in taking off, show you how to handle the aircraft in flight and help you achieve that perfect landing.

You can fly from over 500 Airports of your choice such as London to Paris, Prague to Vienna or Munich to Innsbruck for an approach into the Tyrol Mountains. Alternatively fly into the unforgettable Airport of St. Maarten in the Caribbean or try the ultimate approach into Hong Kong's Kai Tak Airport!

Locations: Shepherd's Bush in London

Restrictions: Minimum age: 6. If you have any queries regarding the experience then please discuss these with the supplier at the time of booking

Cowboy Riding Trail:

This half day course is an excellent introduction to Western Riding. After riding trails through the New Forest for 2 hours it's back to the ranch for hearty BBQ with 'Boston Beans'. Riders are asked to arrive 30 minutes before the trail leaves so that they can be kitted out with hats, be given a safety briefing and a basic idea of the techniques of horse riding before mounting up and riding off into the "wild blue yonder". Our trails take you to the New Forest across open heath land and through enclosures where you often see the Forest inhabitants including wild ponies and deer. On your return a BBQ is cooked around a campfire and soft drinks and coffee are included (kindly note that the BBQ is not included between November and the end of March). Vegetarians can be catered for if we are notified in advance. Beginners are welcomed. All trails are at walk and jog paces. Location: New Forest in Hampshire

Restrictions: Minimum age: 12. Minimum height: 5'. Maximum weight: 15 Stones. It is the responsibility of the participant to check with their GP if they have a condition that may be affected by physical exertion. This experience is not suitable during pregnancy and may also be unsuitable with some disabilities, so please check with our Customer Services Team before booking.

Curry Cookery Workshop:

Stop ordering take-away and impress your friends and loved ones by participating in your very own Saturday Morning Kitchen! Pat Chapman regularly appears as a celebrity chef at major food shows, presents on TV and has written many books – the dedication and delight in this subject has earned him the media-inspired title of "Curry King"! After a welcome tea or coffee, Pat Chapman will begin the course with a brief talk on the Indian sub-continent and its varied cuisine. Dominique and Pat Chapman show the spices and flavourings needed, then they demonstrate a full Indian curry main course which will serve at least 6 people. This consists of Chicken Tikka Masala, Chicken Jalfrezi, Chickpea Curry and Basmati Pullao Rice. They also make a delicious Chapatti and Mint Raita. During the experience the group will be able to ask questions and sample all the dishes cooked. Participants will also be given a recipe sheet to take home.

Location: Grayshott Hall in Surrey.

Restrictions: There is no upper age limit. Serious young cooks (from 10 years upwards) will be accepted if accompanied by one parent. This course is suitable for a novice through to a 'veteran' cook! – Pat will adjust what is taught accordingly.

Extreme High Ropes Course for Two:

Climb, swing and jump amongst some of the tallest trees in Eastern England at one of the newest and highest ropes course to hit the UK. Set in beautiful surroundings in Norfolk, the course offers thrill-seekers the opportunity to conquer 20 different activities amongst trees as tall as150ft. There are two different levels - low ropes at 20ft. and, if you dare, high ropes at 40ft. In addition, feel the G force on the 45ft 3G swing, the fear of the 80ft fan descender jump and the sheer exhilaration of flying 1000 ft down a zip wire. A woodland walk and lunch is also included.

Location: Nr Swaffham, Norfolk.

Restrictions: Minimum age: 10 years. Although under 18's must be accompanied by a paying adult. Minimum height: 4ft 7 inches and maximum weight: 20.5 stone. A reasonable level of fitness and strength is required, as the course is challenging. Courses are available between 9am and 4pm, 7 days a week between the end of March and the end of October. Subject to availability.

Ferrari Thrill:

With this Ferrari Thrill you will get the chance to appreciate the evocative Ferrari – one of the most famous names in super cars. Their racing success has been the inspiration for a succession of glorious road cars. These cars naturally have racing in their blood; the Ferrari offers awesome handling and performance - you won't be racing, but all that race-inspired performance will be in your hands. Once out on track you will put the Ferrari through it's paces for 3 to 6 (depending on location) exhilarating laps. The experience will conclude with a debrief and certificate presentation. Kindly note: at some venues there will be a demonstration lap with an instructor in a track prepared sports or saloon car prior to your drive in the Ferrari. Please allow approximately 30 minutes to 2 hours for the whole experience (depending on location). Actual driving time will vary depending on location chosen and circuit length

Location: Castle Donington in Derbyshire, Silverstone, Northamptonshire; Prestwold Hall, Leicestershire; Rockingham Northamptonshire; Great Tew, Oxfordshire; Three Sisters, Lancashire; Elvington, Yorkshire; or Seighford, Staffordshire

Restrictions: Drivers shorter than 5'2, taller than 6'4 (6'6" at Seighford) and/or weighing more than 16 stone (18 ½ stone at Seighford) may not be accommodated. Please check at the time of booking. Participants must hold a full manual driving licence which must be presented on the day (photocopies will not be accepted). At Donington, Rockingham, Great Tew, Three Sisters, and Elvington this must have been held for at least 1 year. At Silverstone you must have held a licence for at least 3 years and the minimum age is 21. All participants must be in reasonable health, if you are in doubt then please seek advice from your GP.

Full Day Learn to Play Snooker Experience:

The Snooker Academy in Sheffield is home to a number of resident professional snooker players. With this full day experience at the Academy you will learn about the history and theory of the game of Snooker and will be trained by a professional World Snooker Grade A Coach. With one to one sessions with your coach, this will enable you to improve your techniques and strategy. Included in your day is a three course lunch with refreshments. Will you manage to get the perfect break of 147? Location: Sheffield, Yorkshire

Restrictions: Minimum Age: 10 (Under 16s must be accompanied by a parent or guardian)

Full Day Sea Fishing for Two:

Enjoy a great day out Sea Fishing and experience the thrill of the catch as you go after cod, bass, smoothhounds, ray or congers. You'll spend a day out on the beautiful water of the Bristol Channel, learning fishing tips and tricks from your expert skipper, and – best of all - you can take home anything you catch. You'll spend around 6 hours fishing, during which time you'll have plenty of opportunities to pick up tricks and tips from the expert skipper. Photos will be taken of your catch, and will be posted on the supplier's website as well as being emailed to you so can show off to your friends.

Location: The boat departs from Penarth Marina in South Glamorgan.

Restrictions: Minimum age: 16 years (under 16's must be accompanied by a full paying adult). If you suffer from sea sickness then please ensure you bring the necessary medication.

Go Karting for Two:

All the fun of open-wheel dicing! Hurtle up to the chicane with the power full on until the last split second. No time to look back, the next corner is coming up to test you again. Some locations have banked turns, others fly-overs. Stand by to have the four-wheeled time of your life.

Location: Selected locations nationwide.

Restrictions: Minimum Age: 16 years, Minimum Height: 5', Maximum Height: 6'4", Maximum Weight: 18 stone. Restrictions may vary by location.

Hovercraft Experience for One:

Experience the thrill of being a hovercraft pilot with this exclusive one to one experience.

Learn to fly on land with an instructor, mastering the basics of hovercraft flight before taking on the 30 acre lake. Glide effortlessly up to 40mph sideways and learn to do 180 and 360 degree spins at speed! Remember, this is an individual, fast paced experience and you get 30 minutes with you at the controls.

With high speed modern equipment, expert tuition and training, you will have the ride of your life...

Location: Grendon in Northamptonshire

Restrictions: Minimum age: 17. Maximum weight: 18 stone. Fitness/Health: You need to be reasonably fit to participate in this experience. If you have any medical condition, including pregnancy, which restricts movement whilst in the craft, you will be unable to participate.

Ice Climbing for Two:

Ice climbing is an offshoot of mountain climbing. Climbing ice started in the early days of mountain climbing as climbers encountered the hard water ice in the gullies and faces of their lofty objectives. With this experience you will be given an introduction to a very cool sport. London and Manchester's most challenging ice walls offer 8 metres of real indoor ice climbing, whereas Scotland offers the biggest indoor ice wall in the World at over 15 metres. At a constant temperature of -12°C the concave, real ice climbing walls all present a steep challenge for any aspiring adventurers.

Location: London, Manchester or Lochaber in Scotland.

Restrictions: Minimum age: 14 in London and Manchester (Under 18's will need written parental consent)

There is no age limit in Scotland but participants must have a minimum of size 4 (european size 37) feet. (Under 18's will need written parental consent).

Participants should be in good general health and fitness and should be able to support their own body weight. If in doubt consult your doctor in advance.

Introduction to Owl Handling:

This is a unique opportunity to get up close and personal with a collection of beautiful owls. You will have the chance to handle and even fly some of these amazing creatures which range from the small Barn Owl to the large Eagle Owl. On arrival you will be welcomed by the keeper and given an introduction to the owls. You will get to meet them and learn a little bit about their life and their habitat in the wild.

After some basic handling instruction, it is time to experience the thrill first hand as you fly them loose and have them return to your gloved fist. There will be ample opportunities for photographs so don't forget your camera! Please note the experience usually takes place in a small group.

Location: Eynsford in Kent, Northampton in Northamptonshire, Fife in Scotland

Restrictions: Minimum age: 12 to 14 (depending on location.) Please check with the supplier before making your booking (under 18's need parental/guardian consent). You should be in reasonable health and have a reasonable level of fitness as some walking may be involved.

Introductory Falconry Experience:

Get close to these magnificent lords of the air and see the fascinating relationship that can develop between man and bird of prey. Discover the skills required to handle these extraordinary creatures, while absorbing the importance of breeding and conservation. When you arrive, you will be welcomed by an instructor. Learn about the history of the ancient art of Falconry and learn the different characteristics of the different species of birds, before being introduced to the birds themselves. The falconer will demonstrate the art of flying the birds, before you put on the glove and fly them yourself. Please note the experience usually takes place in a small group. Location: Northwich in Cheshire, Totnes in Devon, Billericay in Essex, Moreton in Marsh - Gloucestershire, Eynsford in Kent, Leicester in Leicestershire, Lincoln in Lincolnshire, Northampton in Northamptonshire, Skipton in North Yorkshire, Keilder in Northumberland, Nottingham in Nottinghamshire, Edinburgh in Scotland, Fife in Scotland, Perthshire in Scotland, Powys in Wales, Sutton Cheney in Warwickshire, Chichester in West Sussex Restrictions: Minimum age is 10 to 16 (depending on location.) Please check with the supplier before making your booking (under 18's need parental/guardian consent). You should be in reasonable health and have a reasonable level of fitness as some walking may be involved.

Introductory Microlight Flight:

Microlighting is often described as true freedom in the air. This form of flight has developed enormously over the past 20 years and has now evolved into the one of the safest and most economical forms of flight. This is your opportunity to feel the thrill and excitement of these marvellous aircraft. The lesson begins with a thorough briefing on all aspects of microlight flying from your instructor. You will then take to the air for this fantastic experience. You can either sit back and enjoy the ride or you may be able take the controls for a more 'hands-on' experience depending on the location you choose and the weather conditions on the day. Flights last approximately 20 to 30 minutes.

Location: Cambridgeshire, Cheshire, Devon, Essex, Hampshire, Kent, Manchester, Northamptonshire, Northumberland, Leicestershire, Scotland, Surrey and Wiltshire

Restrictions: Minimum age: 14 with written parental consent required for 14-17 year olds. Maximum weight: 15 stone. Age and weight restrictions may vary by location, please check with your chosen venue at the time of booking. You must not suffer from Epilepsy, Fits or Blackouts. If you have any concerns then please discuss these with the supplier at the time of booking.

Introductory Off Shore Powerboating:

If plodding round a lake on a pedalo is not your idea of fun, then how about taking to the water aboard a Honda raceboat? This is the ultimate hands-on powerboating experience where you will have the chance to take control and learn how to handle the beautiful machine. Imagine the thrill of racing this baby yourself... Your experience will begin with a full safety briefing. You will be provided with an offshore racing jacket and life jacket and then escorted to the waiting powerboat.

Location: Southampton in Hampshire

Restrictions: Minimum age: 12 (under 18's must be accompanied by a parent/guardian) Maximum weight: 17 stone. This experience is not suitable for those with serious back problems, heart complaints or pregnant ladies. No experience is necessary to take part as this experience is aimed at beginners. All guests will be asked to sign a Health & Safety declaration and an indemnity form.

Lamborghini Thrill:

The Lamborghini is all about stunning looks and the association with the uber rich, not forgetting its awesome power and super fast acceleration speeds! This is a rare opportunity to enjoy the amazing Lamborghini Gallardo. Stunning yet small and agile, this Lamborghini has all-wheel drive, aluminium chassis and a 5-litre 500bhp V10 engine. It epitomises everything that has made Lamborghini so desirable. Your experience will start with a briefing on safety and driving techniques from an experienced driving instructor. You'll then head to the track and it's time for the main event. Jump into the driving seat of the amazing Lamborghini Gallardo for your exhilarating drive with your instructor encouraging you all the way. The number of laps will depend on your chosen location and length of circuit but it will be between 3 and 6, the whole experience taking between 30 minutes and 2 hours depending on location. After the fun, you'll be presented with your certificate as a souvenir of your day.

Location: Castle Donington in Derbyshire, Silverstone in Northamptonshire, Prestwold Hall in Leicestershire, Rockingham in Northamptonshire, Great Tew in Oxfordshire, Three Sisters in Lancashire, Elvington in Yorkshire or Seighford in Staffordshire.

Restrictions: Drivers shorter than 5'2, taller than 6'4 (6'6" at Seighford) and/or weighing more than 16 stone (18 ½ stone at Seighford) may not be accommodated. Please check at the time of booking. Participants must hold a full manual driving licence which must be presented on the day (photocopies will not be accepted). At Donington Rockingham, Great Tew, Three Sisters, and Elvington this must have been held for at least 1 year. At Silverstone you must have held a licence for at least 3 years and the minimum age is 21. All participants must be in reasonable health, if you are in doubt then please seek advice from your GP.

Learn to Play Golf with Marriott for One:

Golf is becoming more popular than ever with the number of younger golfers rising through. It just shows that it is a sport for any age and with the forever-rising standards of women's golf, it is a game open to anyone. This specially designed package includes lesson 1 and 2 from the renowned Marriott "learn to play golf" programme, a light lunch to the value of £10 and a Marriott gift set to take home. You will also receive equipment hire, range tokens and a 20% discount for anything purchased in the golf shop on your day.

Location: Marriott Breadsall Priory in Derbyshire, Marriott Dalmaho in Edinburgh, Marriott Forest of Arden in Warwickshire, Marriott Hollins Hall in West Yorkshire, Marriott Meon Valley in Southampton, St Pierre Hotel & Country Club in Chepstow, Marriott Sprowston Manor in Norfolk, Marriott Tudor Park in Kent, Marriott Worsley Park in Manchester

Ministry of Sound DJ Experience:

The Ministry of Sound DJ Experience is perfect for any budding DJ or lover of Dance music. It provides you with the exclusive opportunity to get behind the decks at the world's leading super club and experience the infamous venue from behind the scenes. Spin your favourite tracks on Ministry of Sound's world renowned Box sound system, which has played host to every big name DJ in dance music including; Eric Morrillo, Pete Tong, David Guetta, Armin van Burin, Moby and Paul Oakenfold to name but a few.

This experience will have you spinning the decks to some of the newest dance tracks around, all under the expert guidance of Ministry of Sounds resident DJs. You will be taking part in 4 open deck sessions across Ministry of Sound's 4 booths with other DJ enthusiasts and in between your session a backstage tour of the venue will take place. You will get to see where the DJs prepare and relax after their set and see what it's like to be a famous DJ. You will also receive refreshments throughout the day and a Ministry of Sound CD Compilation to take home with

you. To top it off, you and 2 friends will receive VIP guest passes, which gives priority entrance to attend the club and gain access to the VIP Lounge on either a Friday or Saturday night.

Location: London SE1

Restrictions: Minimum age: 18. Due to the height and design of DJ booths at the venue this experience does not have disabled access.

Mud and Mayhem:

Time to try our Mud and Mayhem Experience. You will get to participate in 3 of the following activities, 4 x 4 Off Road Driving, Argo Cats, Powerturn Driving, Reverse Steer Snooker or Quad Bikes round the challenging terrain at Wedgenock Rifle Range in Warwickshire. Whichever activity you take part in, you will have an experience to remember.

Location: Warwickshire (close to Learnington Spa and Warwick).

Restrictions: Minimum age: 16. Maximum age: 75. Minimum height: 4' 6". Maximum height: 6' 7". Maximum weight: 20 stone (dependent on structure). A reasonable standard of fitness required. We recommend that people with back conditions and other conditions likely to be aggravated by driving over rough terrain not to take part. No experience is required, however some driving experience is recommended to ensure maximum enjoyment.

Porsche Thrill:

The Porsche is the eternal supercar. Nothing else looks like it or drives like it. The wailing, rear mounted flat-six engine delivers awesome power in a truly unique manner and this is your chance to experience it all for yourself. Taking its place in the top echelon of the supercar category, the handling of the Porsche remains enormously entertaining and with expert tuition from professional motor racing instructors you will be in the best hands to get the very most out of this amazing experience. The number of laps will depend on your chosen location and length of circuit but it will be between 3 and 6. At the end of the experience you will be presented with a certificate as a souvenir. Kindly note, at some venues there will be a demonstration lap with an instructor in a track prepared sports or saloon car prior to your drive in the Porsche. You should allow approximately 30 minutes to 2 hours for the whole experience depending on location and numbers on the day.

Location: Castle Donington in Derbyshire, Prestwold Hall in Leicestershire, Rockingham in Northamptonshire, Great Tew in Oxfordshire, Three Sisters in Lancashire, Elvington in Yorkshire or Seighford in Staffordshire.

Restrictions: Drivers shorter than 5'2, taller than 6'4 (6'6" at Seighford) and/or weighing more than 16 stone (18 ½ stone at Seighford) may not be accommodated. Please check at the time of booking. Participants must hold a full manual driving licence which must be presented on the day (photocopies will not be accepted). At Donington, Rockingham, Great Tew, Three Sisters, and Elvington this must have been held for at least 1 year. All participants must be in reasonable health, if you are in doubt then please seek advice from your GP.

Rally Thrill:

Have a taster of what it's like to be a Rally driver – probably the most on-the-edge driving experience there is. Learn new and unique driving skills under the guidance of experienced Rally instructors including skid control, brake control and under and over steer techniques – you'll rarely be driving in a straight line.

You'll arrive at the centre at your allotted time and receive your introduction and safety briefing by a qualified driving instructor. Then it's on to the main event, with a drive in a fully prepared rally car for one of the most adrenalin fuelled driving experiences available. Actual format and model of car driven will vary depending on the location chosen but you can expect power slides, wheel spins and much more! The experience will conclude with a de brief and certificate presentation

Location: Prestwold Hall in Leicestershire, Rockingham in Northamptonshire, Silverstone in Northamptonshire, Great Tew in Oxfordshire, Seighford in Staffordshire or York in Yorkshire.

Restrictions: Drivers shorter than 5'2, taller than 6'4 (6'6" at Seighford) and/or weighing more than 16 stone (18 ½ stone at Seighford) may not be accommodated. Please check at the time of booking. Participants must hold a full manual driving licence which must be presented on the day (photocopies will not be accepted). At Rockingham and Great Tew this must have been held for at least 1 year. At Silverstone you must have held a licence for at least 3 years and the minimum age is 21. All participants must be in reasonable health, if you are in doubt then please seek advice from your GP.

Recording Studio Taster Session:

This is where it starts – the road to pop stardom!?! With this experience you will get a taste of the music business. Using the best studio equipment and friendly, helpful engineers and staff you will be able to sing a song of your choice from a backing track. This really is taking Karaoke to the ultimate level. You will make your own recording in a real recording studio and have a CD to remind you of the experience forever. After choosing your backing track from the library, a professional engineer will record one or more takes of your performance, filter it if required and lay it down via a mixing desk onto a master CD which will be yours to take away with you. Location: Selected locations nationwide.

Restrictions: Minimum age: 10. Under 18's must be accompanied by an adult.

Sheepdog Training Day:

Enjoy a day on the farm going back to basics and working with nature. Discover the magical bond between man and dog as you learn about the special skills developed by shepherds over the centuries.

You will be working with a breed of dog that has the ability to communicate with its human partner in a way that is quite unique. It is this communication that is used to create a partnership between man and dog and therefore enable them to work together in harmony. This is not a skill that can be taught in a short space of time but you will learn the basics of this "language" and we will help you to "talk" to the dog and to listen to what it is trying to say to you. The pace will be controlled to enable you to understand the dog and the sheep and to learn your part in the game.

Location: Bingley in West Yorkshire.

Restrictions: Minimum age: 16 (under 18's need parental/guardian consent). You should be in reasonable health and have a reasonable level of fitness.

Shepherd Neame Evening Brewery Tour and Ale Samplers' Supper for Two:

Take a guided evening tour and see how Shepherd Neame's award-winning ales and speciality lagers are brewed, then savour a superb 2 course beer supper– freshly prepared with local ingredients. A pint of beer will be served with your meal and you can sit back and learn how Master Brewers and Taste Panel assess every batch of beer, discover fascinating facts about each beer, and take part in a fun "Beer Quiz".

Guests will also each receive a jute bag with the Shepherd Neame logo, complete with a selection of six ales so they can carry on tasting at home!

Location: Faversham in Kent

Restrictions: Minimum age:18

Spy Academy:

Have you ever been intrigued by the world of espionage? Do you think you would make a good international agent? Then this is the experience for you. A half day of exciting activities for anyone who wants a taste of the life of a secret agent – try out spy gadgets, sniper shooting and unarmed combat and then battle it out in the laser combat shoot out! After an introductory briefing, you'll be shown by the experts how to use specialist surveillance gadgets such as cameras, bugs, & radios. You'll fire machine guns on our Close Quarter Battle area, apply precision shooting through the powerful telescopic sight of our sniper rifles, try your skill at axe throwing. Finally, you'll receive some expert instruction on pistol draw techniques and take part in a laser combat game and unarmed combat skills, useful when you're cornered by enemy agents!

Kindly note: no live ammunition or weapons are used in the activities to comply with current Legal and Health & Safety legislation. Weapons used are a combination of airsoft, air rifles, replica and laser guns.

Location: Singleborough in Buckinghamshire.

Restrictions: Minimum age: 16 (Parental / Guardian consent is required for those under 18 years). Maximum age: 70. Participants should be fit, as there is some running around wooded areas, be free of injury, especially back & neck. There are no height or weight restrictions for this activity. You will be asked to sign a medical declaration on the day to declare any medical conditions and/or medication being taken.

Subaru Thrill:

The Subaru Impreza WRX STi was made famous by being driven to World Rally Championship victory by both Colin McRae and Petter Solberg. It's distinctive sound, power and control will make you realise that you are driving one of the world's most impressive production cars. You can now have a taste of this power whilst driving 4 to 6 exhilarating laps involving speeding down the straights, precision cornering and last-minute braking! Location: Prestwold Hall in Leicestershire and Seighford in Staffordshire

Restrictions: Minimum age: 17 (under 18's need parental/guardian consent). Minimum height: 5'2" (Prestwold Hall) 4'10" (Seighford). Maximum height: 6'4" (Prestwold Hall) 6'6" (Seighford). Maximum weight: 17 Stone (Prestwold Hall) 18 ½ stone (Seighford). You should be in reasonable health and able to climb in and out of the car. You must hold a full, valid UK or European driving licence and must be able to drive manual transmissions.

Sunseeker Taster:

From gliding past the docks, to carving through the Southampton Water where the throttles are opened, enjoy a unique blend of grace, pace and style aboard a Sunseeker Powerboat in this thrilling one hour Sunseeker Taster. On this one hour experience you get a taste of the high life. The day starts in Southampton with registration and a safety briefing. Then you board the Sunseeker for a welcome drink and a gentle cruise along the river. Finally it's into the open water where the throttles will be opened! The Sunseeker gives a fast and comfortable ride and is suitable for thrill seekers of all ages or even families. After the event, remember the day with a complimentary photograph of your experience.

Location: Southampton in Hampshire

Restrictions: Minimum age: 12 (under 16s will need to be with parents or guardians). Maximum age: 70. Disabled access is limited please contact us to discuss requirements. There are no weight or height restrictions, however our experiences are not suitable for those with back, neck or heart complaints or for pregnant women.

Supercar Ride and Drive:

Drive one of the most desirable supercars in the world, an Aston Martin V8 Vantage and experience a high speed chauffeured ride in the awesome supercharged Ariel Atom, in this ultra high octane experience. On arrival you will be given a briefing on driving techniques and safety. Then the action will begin! You will be given the chance to drive a performance car yourself - typically an Aston Martin V8 Vantage, with expert tuition from your instructor. Then you will experience a high speed chauffeured ride in the awesome supercharged Ariel Atom. Your experience will finish with a de-brief and certificate presentation.

Location: Great Tew in Oxfordshire and Elvington in Yorkshire.

Restrictions: Minimum age: 18. Minimum height: 5'. Maximum height: 6'6". Maximum weight: 16 Stone. You must have held a full, valid European or UK manual driving licence for at least 1 year, which must be presented on the day of your experience. You should be in reasonable health and able to climb in and out of the car. This experience is not suitable for those with epilepsy, heart complaints or pregnant ladies.

Tank Paintballing:

Tankballing – it's like paint balling but with tanks. Driving a tank is fantastic fun but imagine actually taking part in a tank battle? Now's your chance, not with live ammunition of course, but with paint. Take it in turns with your crew to tackle the tricky tank course set on a former WWII bombing range. The vehicle is a unique 17 tonne FV432 armoured personnel carrier, with specially modified cannons capable of firing 40mm paint rounds. Each of you will take it turns to drive the tank around the course, each firing and aiming the breach loaded with a 40mm paintball.

Once the practice is over, you will then choose your positions whether it's driver, gunner or commander and engage in a timed tank battle against your opponent, hatches closed and only seeing through your periscopes! Location: Near Husbands Bosworth, Leicestershire.

Restrictions: Minimum age: 16. Maximum height: 6'4". Maximum weight: 22 stone. Participants must be medically fit to take part.

Thai Cookery Course:

Join Pat Chapman, celebrity chef, author of the Thai Restaurant Cookbook and consultant for Blue Dragon, Britain's Thai ingredients brand-leader, and his wife Dominique, as they demonstrate how to make an authentic Thai meal. You'll learn tricks, tips and kitchen secrets from the master himself. You'll also have a demonstration on vegetable cutting techniques, be shown ways with noodles and how to make a green curry paste from scratch. You will also have the opportunity to sample all thedishes cooked by Pat and Dominique

Location: Surrey.

Restrictions: Minimum age: 10 (under 18s must be accompanied by a paying adult).

The Famous Grouse Whisky Course:

This truly is the ultimate in famous names gifts. Based at Scotland's oldest distillery and in a class of no more than 12 you are guaranteed a unique experience. Located at Glenturret, Scotland's oldest distillery and the home of The Famous Grouse whisky label, you will spend the day with a whisky expert and learn first hand what makes 'the water of life' truly special. During this full day experience you'll get a unique insight into Scotland's national drink, giving you a real taste of the process of producing whisky under the watchful guidance of Neil Cameron, the Famous Grouse's production manager. From choosing barley, through distillation, to picking the perfect cask, you will experience the whisky's journey all the way to the tasting glass. Also included is a delicious three course whisky dinner. The Famous Grouse Whisky School runs from 10am to 4pm on selected dates subject to availability.

Location: Crieff in Scotland Restrictions: Minimum age: 18

The Famous Grouse Warehouse No. 9 Tour for Two:

This is the ultimate experience for any whisky lover! The first of its type in Scotland, located at Glenturret distillery, Warehouse No. 9 offers guests a detailed insight into the world of The Famous Grouse by allowing access into areas normally closed to the public. A group of up to 12 people get the chance to experience at first hand a very special tutored nosing and tasting of The Famous Grouse malt range in a specially built sample room within a bonded warehouse. The 1½ hour tour takes place on a daily basis, subject to availability and needs to be booked in advance.

Location: Crieff in Scotland

Restrictions: Minimum age: 18

TV Presenter Experience:

Ever dreamed of being a TV presenter and in front of the camera? Well here is your chance to make it happen with this 4 hour TV presenting experience. Set at the famous Three Mills TV Studios in London where shows such as The Bill, Gordon Ramsey's Cook Along Live and Footballers Wives were filmed, you will take part in a unique, once in a lifetime experience, where you can spend time in front of the camera like a real presenter. A tour of the studios will take place with the crew and other TV presenters before your experience begins. You will be able to write your own script with the help of the experts and after some practise and rehearsing for the cameras it will be your chance to get into character and present live in front of a small audience whilst being recorded. You will be given an explanation on the use of a green screen, how to present like a professional with tips on confidence, and how to keep an audience interested. After the experience you will be given a DVD recording of you presenting your programme and a certificate to help you on your way to becoming a real TV presenter.

Location: London E3 Restrictions: Minimum age: 16.

Worlds Wackiest Racers:

Are you ready for the wackiest day of your life! Come and be chauffeured through country lanes in the World's fastest street-legal bed. Thunder round a race track on an 87 mph sofa. Tame the Double Decker car, as seen on BBC's Top Gear, and pull up a seat to the World's fastest office. This truly is the weirdest and wackiest way to travel.

Location: Northampton.

Restrictions: Drivers must be reasonably fit and over 16 years old. Participants under 16 can be accommodated, although minors cannot participate in the Double Decker experience. Please check at the time of booking. No experience is required although the ability to drive a car is vital. You do not need a full driving licence. Maximum weight: 20 stone.

YO! Sushi Experience:

A morning of fun and great Sushi! Participants will learn the history of sushi, how to prepare the ingredients, how to roll makis, ISO rolls and handrolls. At the end of the session lunch is served and all participants get an information pack and rolling mat to get going on their own.

Location: London

Restrictions: Minimum age: 16 (under 16's may attend but must be accompanied by a full paying adult)

Zapcat Powerboat Experience:

Zapcat Powerboat ... the best ever experience? ... Probably.

You'll feel like James Bond in this high-speed sea adventure. This is the only powerboat experience in the UK that is run and delivered by the current National Zapcat Championship winning team, where all of the instructors and staff have all competed. Not only do they hold RYA race licences but also safety boat, advanced powerboat and instructor tickets. Zapcats are lightweight, high speed, insanely agile, adrenaline pumping, performance powerboats. Great fun on calm water and a huge grin factor in waves and in the air. Just under 50mph top speed, up to 3 G in a turn, handle as if on rails, leap 6ft into the air and you start to understand what these boats can do. This is motocross or rallying on water, the skill of the pilot, a couple of foot straps and ropes are all that is going to prevent you from going for a swim. But if you do, you will be wearing a helmet, lifejacket and top of the range dry suit and a safety boat will be there to rescue you. As all race co-pilots will tell you, "You don't qualify to call yourself a Zapcat co-pilot unless you have been for at least one swim."

Location: Hayling Island in Hampshire or Southend in Essex.

Restrictions: Minimum age: 16 (although under 18's need parental consent). There is no maximum age if you are fit enough. Minimum height: 4'10". Maximum height: 6' 6". Maximum weight: 21 stone. This experience is not suitable for those with serious back problems, heart complaints or pregnant ladies. Non swimmers are accepted but please inform the supplier at the safety briefing. All guests will be asked to sign a Health & Safety declaration and an indemnity form.

What about insurance?

Personal Accident Insurance to the value of £50,000 together with cancellation indemnity, subject to terms, is included with every voucher. The centres contracted with us hold public indemnity liability insurance. We also hold contingency liability cover. You will not be liable for accidental damage to vehicles or equipment, except where damage has been caused as a result of recklessness or wilful negligence.

What else do I need to know?

Your expiry date is printed on your voucher, please check the date as it is essential that you exchange your voucher for your chosen experience before this date.

The experience content, equipment used and restrictions may vary. Please check with the venue when booking. Some medical conditions may prevent you from taking part, full restrictions will be provided once your voucher has been exchanged.

Kindly note the experience choices listed above may be subject to change without notice. All choices are for one person unless otherwise stated.