The Men's MOT Spa Day Experience is available at 31 locations:

- Avon (South West) Bristol
- Bedfordshire (South East) Fairfield
- Bedfordshire (South East) Luton
- Buckinghamshire (South East) Milton Keynes
- Cambridgeshire (South East) Peterborough
- Central Scotland (Scotland) Falkirk
- Central Scotland (Scotland) Perth
- County Durham (North) Darlington
- Cumbria (North) Carlisle
- East Sussex (South East) Hastings
- Essex (South East) Chafford Hundred
- Fife (Scotland) Dunfermline
- Glamorganshire (Wales) Cardiff
- Greater Manchester (North) Manchester
- Kent (South East) Ashford
- Kent (South East) Broadstairs
- Leicestershire (Midlands) Leicester
- Lothian (Scotland) Edinburgh
- Lothian (Scotland) Edinburgh
- Norfolk (South East) Norwich
- North Yorkshire (North) York
- Nottinghamshire (Midlands) Mansfield
- Oxfordshire (South West) Banbury
- Scottish Highlands (Scotland) Inverness
- South Yorkshire (North) Barnsley
- Staffordshire (Midlands) Burton on Trent
- West Midlands (Midlands) Birmingham

The Men's MOT Spa Day Experience is available at 31 locations:

- West Midlands (Midlands) Birmingham
- West Midlands (Midlands) Solihull
- West Midlands (Midlands) Sutton Coldfield
- West Midlands (Midlands) Tamworth