

Treat yourself and a friend to the indulgence of a spa, health club or beauty experience. With a choice of over 26 experiences across more than 100 UK locations, there is something for everyone!

Over 50 experiences to choose from:

- Bristol (Avon) - Bannatyne's Bristol
- Fairfield (Bedfordshire) - Bannatyne's Fairfield
- Luton (Bedfordshire) - Bannatyne's Luton
- Wokingham (Berkshire) - Virgin Active Wokingham
- Milton Keynes (Buckinghamshire) - Bannatyne's Milton Keynes
- Peterborough (Cambridgeshire) - Bannatyne's Peterborough
- Peterborough (Cambridgeshire) - Virgin Active Peterborough
- Falkirk (Central Scotland) - Bannatyne's Falkirk
- Glasgow (Central Scotland) - Virgin Active Glasgow
- Perth (Central Scotland) - Bannatyne's Perth
- Altrincham (Cheshire) - Manchester Airport Marriott Hotel
- Hoole (Cheshire) - Hoole Hall Spa and Leisure Club
- Darlington (County Durham) - Bannatyne's Darlington
- Darlington (County Durham) - Bannatyne's Hotel
- Carlisle (Cumbria) - Bannatyne's Carlisle
- Ashbourne (Derbyshire) - Hillmotts Fitness Retreat Peak District
- Derby (Derbyshire) - Virgin Active Derby
- Morley (Derbyshire) - Breadsall Priory Hotel Country Club
- Blandford Forum (Dorset) - Hillmotts Fitness Retreat Dorset
- Bournemouth (Dorset) - Bournemouth Highcliff Marriott
- Brighton (East Sussex) - Virgin Active Brighton
- Hastings (East Sussex) - Bannatyne's Hastings
- Hastings (East Sussex) - Bannatyne's Hotel Hastings
- Brentwood (Essex) - Virgin Active Brentwood
- Chafford Hundred (Essex) - Bannatyne's Chafford Hundred
- Chelmsford (Essex) - Virgin Active Chelmsford
- Romford (Essex) - Virgin Active Romford
- Thundersley (Essex) - Virgin Active Thundersley Rayleigh
- Waltham Abbey (Essex) - Waltham Abbey Marriott Hotel
- Dunfermline (Fife) - Bannatyne's Dunfermline
- Bridgend (Glamorganshire) - Virgin Active Bridgend
- Cardiff (Glamorganshire) - Bannatyne's Cardiff
- Swansea (Glamorganshire) - Virgin Active Swansea
- London (Greater London) - Central London
- London (Greater London) - Leticia Haute Coiffure
- London (Greater London) - London Marriott Hotel County Hall
- London (Greater London) - The Dolls House
- London (Greater London) - Virgin Active Acton West London
- London (Greater London) - Virgin Active Mill Hill East

- London (Greater London) - Virgin Active Moorgate
- Wandsworth (Greater London) - Virgin Active Wandsworth
- Westminster (Greater London) - Bannatyne's Millbank
- Woodford Green (Greater London) - Virgin Active Repton Park
- Didsbury (Greater Manchester) - Virgin Active Didsbury
- Manchester (Greater Manchester) - Bannatyne's Manchester Chepstow
- Manchester (Greater Manchester) - Bannatyne's Manchester
- Manchester (Greater Manchester) - Marriott Worsley Park Hotel and Country Club
- Chepstow (Gwenton) - Marriott St Pierre Hotel and Country Club
- Shedfield (Hampshire) - Marriott Meon Valley Hotel and Country Club
- Stevenage (Hertfordshire) - The Atlas Health Spa
- Ashford (Kent) - Bannatyne's Ashford
- Bearsted (Kent) - Marriott Tudor Park Hotel and Country Club
- Bexleyheath (Kent) - Bexleyheath Marriott Hotel
- Broadstairs (Kent) - Bannatyne's Broadstairs
- Chislehurst (Kent) - Virgin Active Chislehurst
- Preston (Lancashire) - Preston Marriott Hotel
- Preston (Lancashire) - Virgin Active Preston
- Leicester (Leicestershire) - Bannatyne's Leicester
- Edinburgh (Lothian) - Bannatyne's Newcraighall
- Edinburgh (Lothian) - Bannatyne's Queen Street
- Edinburgh (Lothian) - Virgin Active Edinburgh Omni Centre
- Liverpool (Merseyside) - Liverpool Marriott Hotel City Centre
- Southport (Merseyside) - Portland Hall Spa
- Northwood (Middlesex) - Qi Spa - The Riverside Club
- Kings Lynn (Norfolk) - Imagine Health Spa
- Norwich (Norfolk) - Bannatyne's Norwich
- Norwich (Norfolk) - Marriott Sprowston Manor Hotel and Country Club
- York (North Yorkshire) - Bannatyne's York
- Mansfield (Nottinghamshire) - Bannatyne's Mansfield
- Nottingham (Nottinghamshire) - Virgin Active Nottingham
- Banbury (Oxfordshire) - Bannatyne's Banbury
- Chipping Norton (Oxfordshire) - Hillmotts Fitness Retreat Cotswolds
- Oxford (Oxfordshire) - Virgin Active Oxford
- Inverness (Scottish Highlands) - Bannatyne's Inverness
- Weston-Super-Mare (Somerset) - Virgin Active Weston-Super-Mare
- Barnsley (South Yorkshire) - Bannatyne's Barnsley
- Sheffield (South Yorkshire) - Virgin Active Sheffield
- Burton on Trent (Staffordshire) - Bannatyne's Burton on Trent
- Lichfield (Staffordshire) - Virgin Active Lichfield
- Stafford (Staffordshire) - Virgin Active Stafford
- Glasgow (Strathclyde) - Glasgow
- Lanarkshire (Strathclyde) - Virgin Active Hamilton
- Croydon (Surrey) - Virgin Active Croydon
- Coventry (Warwickshire) - Virgin Active Coventry

- Meriden (Warwickshire) - Marriott Forest of Arden Country Club
- Birmingham (West Midlands) - Birmingham Marriott Hotel
- Birmingham (West Midlands) - Bannatyne's Brindley Place
- Birmingham (West Midlands) - Bannatyne's Priory Queensway
- Birmingham (West Midlands) - Birmingham
- Birmingham (West Midlands) - Vibro-Suite Health and Wellness Club
- Solihull (West Midlands) - Bannatyne's Solihull
- Solihull (West Midlands) - Virgin Active Solihull
- Sutton Coldfield (West Midlands) - Bannatyne's Sutton Coldfield
- Tamworth (West Midlands) - Bannatyne's Tamworth
- Littlehampton (West Sussex) - Virgin Active Rustington
- Leeds (West Yorkshire) - Virgin Active Leeds
- Shipley (West Yorkshire) - Marriott Hollins Hall Hotel Country Club