

# Information about Bimuno to share with your doctor, pharmacist, dietitian or nutritionist.



- Bimuno® is a complex galactooligosaccharides (GOS) mixture that is derived from bovine lactose (it is not a GOS obtained from a plant source).
- It passes through the upper gastrointestinal (GI) tract unchanged as it is not subject to degradation by the stomach acid and it is not absorbed systemically, therefore, it reaches the colon intact.
- In the colon it is utilised by the naturally occurring beneficial bacteria and this helps to stimulate their growth and activity thereby leading to a balance in the gut bacteria.
- This helps to improve and maintain beneficial bacteria (i.e. Bifidobacterium bifidum) in the colon. It should be noted that Bimuno products do not contain any live bacteria (probiotics).
- The GOS in Bimuno is defined as a non-digestible carbohydrate and acts as an fermentable prebiotic fibre that will supplement the consumers daily dietary fibre intake.
- Each sachet of Bimuno® DAILY contains 2.9 grams of GOS that provides 2 grams of fibre.
- Bimuno GOS is well tolerated and in the USA has received a “**generally regarded as safe [GRAS]**” designation. However, if your client is experiencing any GI disturbances i.e. bloating, flatulence, they may benefit from reducing the recommended daily dose.
- More information is available at [www.bimuno.com](http://www.bimuno.com) or contact [hcp@bimuno.com](mailto:hcp@bimuno.com)

