



ESPA

Core Body Equipment List

Equipment	Quantity	Tick to confirm availability	
		Yes	No
		☐	☐
Hot cabbie	1 per 2 therapists	☐	☐
Full ESPA trolley stock	1 per 2 therapists	☐	☐
Flip chart/Paper/Pens	1	☐	☐
Drinking water/Cups	Enough per person/per day	☐	☐
Cotton pads	Enough for duration of the training	☐	☐
Spatulas	4 boxes	☐	☐
Tissues	2 boxes	☐	☐
Sensory platter	1 per treatment bed	☐	☐
Heated wheat pack	1 per treatment bed	☐	☐
Eye pillow	1 per treatment bed	☐	☐
Hot stones	1 set per treatment bed (x33 per set)	☐	☐
Inhalation bowls	1 per treatment bed	☐	☐
Varied size bowls	1 per treatment bed	☐	☐
Bolsters/Pillows	If needed	☐	☐
Consultation forms	1 per therapist	☐	☐
Rose Quartz Crystals	1 pair per treatment bed	☐	☐
Antibacterial solution		☐	☐
Medical grade steriliser for relevant equipment		☐	☐
Skin Stimulating Body Brush	1 per treatment bed	☐	☐
Algae/Marine Mud		☐	☐
Salt Scrubs/Body Polish		☐	☐
Foils/Plastic	1 per therapist	☐	☐
Disposable underwear	Enough for the duration of the training	☐	☐
Shower facilities		☐	☐
Extension cables	If needed	☐	☐
Rubbish bins	1 per treatment bed	☐	☐