



ESPA Expert

Christmas Gift Collection
Training Guide



ESPA

Training Guide

Each collection has been expertly designed with wellness in mind, curated to enhance every mood and provide holistic, sensorial selfcare. More than just products, our clients will be gifting an experience. Each gift contains a collection of products that comprise a routine or ritual. Each is simple to follow, and packaged in order of use for the gifted individual to seamlessly immerse in the ESPA experience.

Questions to consider when recommending gift choices:

How does the person you are buying for wish to feel? Is this gift for them or someone else? Do they live a busy lifestyle? Are they struggling to sleep? Do they feel they need to be uplifted or have a burst of positivity? Are they looking to bring wellness into their home? These abstract, emotive based inquiries will assist you in selecting the perfect gift for each client. We invite you to look beyond the tangible, and identify how we can support wellbeing in every circumstance with each ESPA offering.

It is imperative to approach the gift selection processes from an open, holistic perspective.

If recommending skincare for gifting, this year we have split our skincare collections into four powerful routines designed to support winter skin - whether it's a gift for all skin types or someone looking to begin their age-defying journey. Follow your skincare consultation questions to understand the needs of the gift receiver and support your client in understanding how to emulate the spa experience at home. Harness the balance of educational information and wellbeing indulgence. Each product is a delight to use from a sensorial perspective, but also presents high efficacy, clinically proven formulation, and powerful results.

Luxury Gifts



Wellbeing Advent Calendar

- Includes 25 luxury wellness treats for a complete ESPA experience
- The perfect gift to introduce a loved one to ESPA for them to discover a new favourite product.
- Includes the new Optimal Skin Cleansing Oil and the new and improved Smooth and Firm Body Butter.
- Wide appeal gift with high added value.

RRP £175 | Worth £488



Wellness Wonders Collection

For the complete spa experience at home

- Contains 10 full size products: Optimal Skin Pro-Cleanser 100ml, Optimal Skin Pro-Serum 30ml, 24 Hour Replenishing Moisturiser 55ml, Depuff and Soothe Eye Gel 15ml, Pink Hair and Scalp Mud 200ml, Refining Skin Polish 55ml, Restorative Bath & Body Oil 100ml, Restorative Cocooning Body Cream 55ml, Restorative Atmosphere Mist 100ml, Aventurine Jade Roller, ESPA White Cotton Ribbed Towel
- Inspired by ESPA's renowned luxury spas around the globe, this collection recreates a unique, blissful spa experience - allowing you to indulge in pure relaxation in the comfort of your own home.
- The perfect gift to introduce a loved one or yourself to ESPA. High added value.

RRP £195 | Worth £371

Skincare Gifts



Timeless Regenerating Collection

A powerful day to night routine, to support your age-defying journey

- Contains: full sized Tri-Active™ Regenerating Bio-Retinol Sleeping Serum 30ml, Tri-Active™ Regenerating Phyto-Collagen Plumping Cream 55ml, Tri-Active™ Regenerating Phyto-Collagen Mask 55ml and deluxe sized Tri-Active™ Regenerating Calming Cica Cleansing Balm 55ml, Tri-Active™ Regenerating Treatment Oil 10ml, Cotton Cleansing Cloth
- A full Tri-Active™ skincare routine with a high saving.
- Perfect for self gifting, suitable for all skin types, especially maturing skin.

RRP £145 | Worth £285



Glow Giving Collection

A glow-giving routine to help achieve naturally radiant skin

- Contains: Optimal Skin Pro-Serum 30ml, Optimal Skin Pro-Cleanser 100ml, Optimal Skin Pro-Moisturiser 55ml, Clean & Green Detox Mask 30ml, ESPA Egyptian Cotton Cosmetic Pads
- 3 Full size products.
- High added value with large saving.
- Perfect for self gifting with a wide appeal, suitable for all skin types.

RRP £95 | Worth £169



Harmonising Hydration Collection

A hydrating routine, to help revitalise and balance skin

- Contains: Full sized Hydrating Cleansing Milk 200ml, Hydrating Floral Spa-Fresh Mist 100ml, 24-Hour Replenishing Moisturiser 55ml, deluxe sized Overnight Hydration Therapy 15ml and a Cotton Cleansing Cloth
- Each product is packed with a burst of botanical moisture to truly replenish dry, winter skin.

RRP £80 | Worth £114



Winter Wellness Men's Collection

- Contains: Invigorating Facial Wash 150ml, Post Shave Rescue 50ml, The Hydrator 50ml, Fitness Shower Gel 30ml
- A complete routine for him. Worth double the price.
- Suitable for all male skin types.

RRP £45 | Worth £91

Wellness Gifts



Soothing Collection

- Contains: Soothing Candle 200g, Soothing Bath & Body Oil 15ml, Overnight Hydration Therapy 15ml
- A ritual to help unwind and relax. This instantly soothing blend combines the serene scents of Frankincense, Rose Geranium and Myrrh essential oils to create a deeply soothing effect on the body and mind.
- Wide appeal gift with accessible price point. Great impulse buy.

RRP £50 | Worth £53



Positivity Collection

- Contains: Positivity Bath and Shower Gel 100ml, Positivity Bath and Body Oil 15ml, Positivity Pulse Point Oil 9ml, Positivity Candle 200g
- Designed to evoke radiant optimism, with sparkling notes of Jasmine, Gardenia, and Bergamot.
- The perfect collection to restore positivity over the festive period.
- Wide appeal gift with accessible price point. Great impulse buy.

RRP £65 | Worth £75



Signature Blends Collection

- Contains: Energising Bath & body Oil 15ml, Soothing Bath & Body Oil 15ml, Restorative Bath & Body Oil 15ml, Restful Bath & Body Oil 15ml, Connection Bath & Body Oil 15ml, Positivity Bath & Body Oil 15ml, Fortifying Bath & Body Oil 15ml
- Discover our seven best selling aromatherapy blends, powered by essential oils for sensorial excellence. 2-in-1 formulas for 14 different experiences.
- The perfect gift to introduce a loved one to ESPA.

RRP £35 | Worth £38

Bodycare Gifts



Handcare Collection

- Contains: Full sized Bergamot & Jasmine Hand Wash and Hand Lotion 250ml, and Bergamot & Jasmine No-Rinse Hand Cleanser 75ml
- Protect and soothe hard-working hands from day to night.
- Features the bestselling Bergamot and Jasmine fragrance blend.
- Wide appeal, accessibly priced gift.

RRP £42



Bergamot and Jasmine Collection

- **New to 2024.** Contains: full sized Bergamot & Jasmine Shower Gel 250ml, Bergamot & Jasmine Body Lotion 250ml and a deluxe sized Invigorating Body Reviver 50ml.
- A complete ritual that brings you comforted, purified skin and a spa-level experience.
- Infused with a luxurious blend of pure essential oils that offer aromatic vibrance and leave the skin feeling conditioned and supple.

RRP £45 | Worth £48



Haircare Collection

- Features a full-size shampoo and conditioner, with our heritage Pink Hair and Scalp Mud added as an indulgent treat. Also includes an ESPA hair wrap.
- The complete hair care ritual.
- The perfect gift to introduce a loved one to ESPA.

RRP £55 | Worth £61



Fitness Collection

Support and revive tired muscles

- Contains: Fitness Bath and Body Oil 50ml, Muscle Rescue Balm 70g, Fitness Shower Gel 100ml
- This range has been designed to help you recharge with a revitalising aroma of Eucalyptus, warming Clove Bud and calming Lavender.
- Perfect for post-exercise recovery or to help recharge and rebalance the mind and body.

RRP £55 | Worth £62

Home Fragrance Gifts



Restorative Deluxe Candle, 200g

- Also known as our 'hug in a bottle' scent, the restorative blend combines comforting Palmarosa and Rose Geranium with calming Sweet Orange and Lavender essential oils to restore inner calm.
- Hand poured in the UK. 100% soy wax.

RRP £40



Winter Spice Deluxe Candle 200g

- The much loved Winter Spice blend returns this year in a 200g candle.
- Contains warming aromas of Sweet Orange, Clove, Cinnamon and Ginger.
- Hand poured in the UK. 100% soy wax and pure essential oils.

RRP £45



Winter Aromatherapy Collection

- Includes the bestselling Diffuser Pod, Limited edition Winter spice Essential Oil and Soothing Essential oil.
- Create an ambient spa experience at home with light settings and seasonal aromas to help restore harmony during the busy period.
- Winter Spice Essential Oil also available to buy separately for £20

RRP £115 | Worth £125



Winter Spice Aromatherapy Diffuser Pod Oil

- Spiced aromatherapy oil for sensorial harmony this Christmas
- Limited edition Winter Spice scent, featuring Cinnamon, Sweet Orange, Cardamom, Clove, and more for spiced splendour.

RRP £20

Worth £30



Complimentary Winter Hair Saviours Gift

Super nourishing, glossing haircare heroes

A restorative routine for revived locks,
perfected tresses and ultimate nourishment.

Contains:

Super Nourish Glossing Shampoo 50ml

Super Nourishing Glossing Conditioner 50ml

Super Nourish Hair and Scalp Mask 50ml

Espa Silk Bobble



Restorative Winter Warming Treatment

Sink into comfort this festive season with this deeply restorative, warming spa treatment to melt away tension. A blissful balance returns to mind, body, and spirit with powerful Restorative aromatherapy.



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