

ESPA Shower and Exfoliation Comparison Chart

	Bergamot & Jasmine Bath & Shower Gel	Body Smoothing Shower Gel	Energising Bath & Shower Gel	Fitness Shower Oil	Fitness Shower Gel	Invigorating Body Reviver	Positivity Bath & Shower Gel	Exfoliating Body Polish	Detoxifying Salt Scrub	Relaxing Salt Scrub
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Size	250ml	200ml	250ml	250ml	200ml	200ml	250ml	200ml	700g	700g
What is it?	Soap-free body cleanser for refreshed, delicately fragranced skin.	Nourishing body exfoliator to refine, smooth and soften.	Aromatherapy body wash to revitalise and awaken.	Nourishing shower oil to cleanse the body and revitalise the mind.	An invigorating Shower Gel that is the perfect way to feel refreshed and recharged post-workout.	Uplifting body exfoliator to refine, smooth and revive.	A two-in-one nourishing shower essential with optimistic aromatics.	Revitalising body exfoliator to smooth and refresh.	Purifying body scrub to refine, smooth and clarify.	Soothing body scrub to nourish and smooth for soft glowing skin.
Ingredients	Bergamot, Jasmine	Yucca & Coconut Derived Cleansers, Jasmine & Ylang, Rosehip Seeds	Peppermint, Eucalyptus, Rosemary	Coconut Oil, Eucalyptus, Clove bud	Derived Coconut, Eucalyptus, Clove Bud, Lavender	Moringa Seed, Malachite, Lime, Bora Bora Sand	Gardenia, Jasmine, Rose Geranium, Bergamot, Sweet Orange	Aloe Vera, Spearmint, Apricot Seeds Kernels	Natural Sea Salts, Sweet Almond, Grapefruit, Cypress, Eucalyptus	Natural Sea Salts, Sweet Almond, Bay, Lavender
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Exfoliation		~				~		\checkmark	\checkmark	\checkmark



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Creamy Texture		~				~				
Oil Texture				~					~	~
How to use	Lather and rinse off in the shower or add to running water for luxurious foaming bath	Massage onto damp skin using firm, circular movements, paying particular attention to dry areas.	Lather and rinse off in the shower or add to running water for luxurious foaming bath	Massage on to damp skin to create a soft lather, inhale therapeutic aroma	Create a lather by massaging into damp skin using firm circular movements and breathe in the rejuvenating aromatic before rinsing away.	Massage onto damp skin using firm, circular movements paying particular attention to dry areas.	Lather and rinse off in the shower or add to running water for luxurious foaming bath	Massage into dry skin using circular movements, paying particular attention to dry areas.	Once or twice a week, massage on to damp skin using upward, circular movements paying particular attention to any dry areas.	Once or twice a week, massage on to damp skin using upward, circular movements paying particular attention to any dry areas.