



ESPA

VIDEO LEARNING PATH

Short digestible educational videos to widen your knowledge in ESPA and ESPA products.

Excellent to watch prior to attending training and to recap knowledge as and when you need it. Adaptable to watch depending on the time you have available. If you are attending Essential training it is beneficial to watch all the videos prior to attending the training.

Total watching time 2 hours 1 min.

[30 years of ESPA – 1 min](#)

[ESPA – The Brand – 3 mins](#)

[ESPA Heritage Cleansers and Toners – 5 mins](#)

[ESPA Heritage Facial Oils and Masks – 3 mins](#)

[ESPA Heritage Moisturisers, Serums, Eyes and Lip Care – 5 mins](#)

[ESPA Heritage Hair Care Collection – 2 mins](#)

[ESPA Active Nutrients – 18 mins](#)

[ESPA Tri Active Collection – Resilience – 7 mins](#)

[ESPA Tri Active Collection – Regenerating – 9 mins](#)

[ESPA Tri Active Collection – Lift & Firm – 5 mins](#)

[ESPA Body Exfoliators – 4 mins](#)

[ESPA Bath and Body Collection – 2 mins](#)

[ESPA Bergamot & Jasmine Collection & Shower Products – 4 mins](#)

[ESPA Body Therapy Treatment Collection & Signature Blends Collection – 13 mins](#)

[ESPA Modern Alchemy Concept and Product Knowledge – 13mins](#)

[ESPA Signature Blends Tea Collection – 3 mins](#)

[ESPA Keep Calm and Recommend – 5 mins](#)

[ESPA Lifestyle Advice – 15mins](#)

[ESPA Face and Body Treatment Consultation Advice – 2 mins](#)

[ESPA Skin Analysis & Skin Vision – Why it is so important – 2 mins](#)