

SkinVision™ & Skin Analysis

Skin analysis should be performed using SkinVision™ wherever possible, as it is much more effective

Why use SkinVision™

- It will assist the therapist in observing skin types / conditions
- It will help the client to understand their skin from a different perspective

How should the SkinVision™ lamp be used?

Step 1 Ensure the client is comfortable, if possible, in a semi-upright position

Step 2 The room should be dimly lit to allow the colours of the lamp to show clearly

Step 3 Give your client a mirror so that she can see what you're explaining

Step 4 Position yourself facing your client

Step 5 Hold the lamp in one hand and use your free hand to work over the face in the following order – see skin analysis technique below

Step 6 Looking and touching for the following skin types whilst acknowledging and explaining any skin conditions

Skin analysis tips

- Turn the lamp on for 2-3 minutes prior to using
- Always give positive feedback first and last – the sandwich effect
- Always relate to your client's concerns
- Give a solution to each skin type and skin condition you are finding
- Explain which products you have chosen and how they will help with the client's concern
- Explain the steps of the treatment and how it will help the client's concern

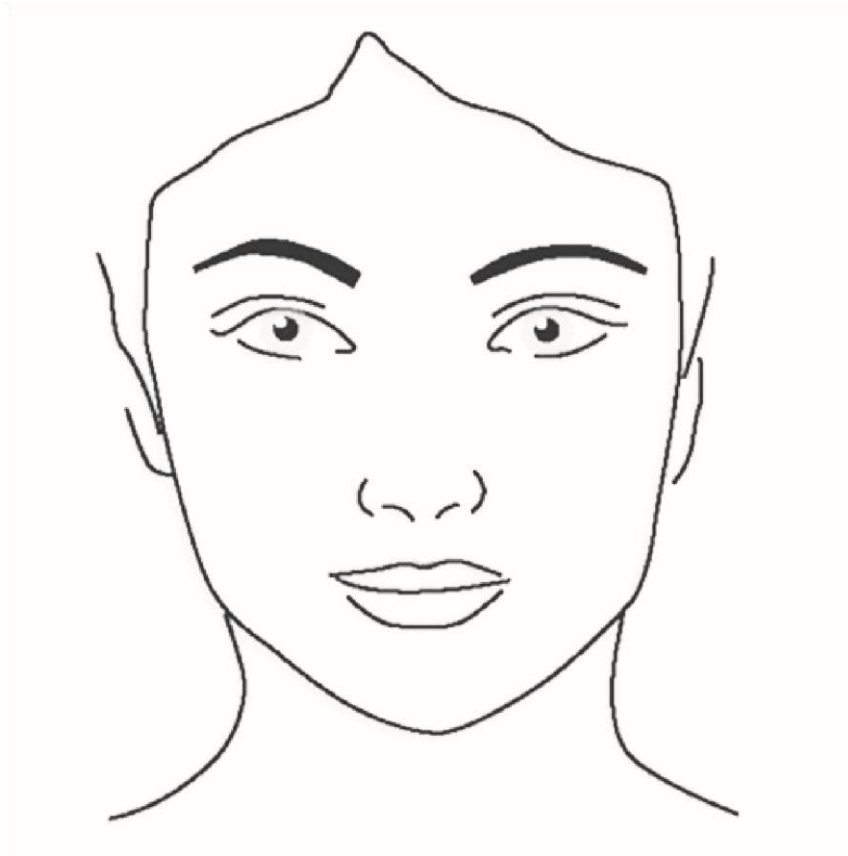
Skin analysis technique

- Approximately 3 mins using the SkinVision™ Lamp (if the lamp is not available still use the looking and touching procedure below) Observe the appearance of the skin as per the chart on the next page

- Using your hand sweep across the forehead, cheeks and chin feeling for texture – coarse to the touch – oily skin, tight / dry to the touch – dry skin
- Sweep your hand down the nose feeling and looking for congestion
- SkinVision™ – Look for the colours showing on skin and relate to the skin condition and appearance
- Using your fingertips gently pinch around the eyes looking and feeling for firmness and elasticity
- Using your thumbs apply light pressures around the eyes looking and checking for puffiness and dark circles
- Gently lift the cheek looking for firmness and horizontal lines which indicate dehydration
- Gently lift the jaw, observing firmness and tonicity
- Using the back of the hand touch the cheeks looking for sensitivity and redness

Skin Analysis Technique with SkinVision™ Lamp Colours

Draw on the movements for the skin analysis technique without a SkinVision™ lamp.



NORMAL SKIN	Small / medium pores, good moisture, even texture, no blemishes, firm	Blue-White
DEAD SKIN CELLS	Flaky	White
DRY SKIN	Small pores, thin flaking, sensitivity, millia, premature ageing	Light Purple
THIN, FRAGILE AND DEHYDRATED SHOWINF FIRST SIGNS OF AGEING	Tight / taught, fine lines, crepiness, sensitivity, first signs of ageing	Dark Purple
OILY SKIN	Shiny skin / T-zone, blackheads and possible spots	Orange
PIGMENTATION	Uneven colour, brown pigmentation	Brown