

# SAFETY WARNINGS AND INSTRUCTIONS

PLEASE READ ALL SAFETY WARNINGS AND INSTRUCTIONS BEFORE USE TO AVOID INJURY. These safety warnings and instructions cannot cover all possible conditions that could occur and users should exercise care and caution.

# Keep these safety warnings and instructions for future reference as they contain important information.

#### Intended users

- Nicotine pouches are intended for oral use for adult nicotine or tobacco users above the age of 18 years ("Adults").
- Nicotine pouches are for Adults who would otherwise continue to use tobacco or other nicotine-containing products.
- Children and adolescents should never use nicotine pouches under any circumstances.
- Nicotine pouches should not be used by persons with reduced physical, sensory or mental capabilities or lack of knowledge, unless they have been given supervision or instruction to use the product in a safe way and understand the hazards involved.

#### Nicotine

- Nicotine pouches contain nicotine, which is addictive.
- Nicotine pouches are not risk-free. The best way to reduce nicotine-related health risks is to quit nicotine use altogether.
- Some users may experience (in alphabetical order) abdominal pain, chest pain, cough, dizziness, dry mouth, dry throat, gingivitis, headache, malaise, nasal stuffiness, nausea, mouth irritation, palpitations, throat irritation, and vomiting.
- Nicotine-containing products should not be used by people who have or are at risk of heart disease, are diabetic, are epileptic or are experiencing seizures.
- Nicotine-containing products should not be used during pregnancy or while breast-feeding. If you are pregnant, breast-feeding, or think you may be pregnant you should quit tobacco and nicotine use altogether.
- Stopping smoking or switching to nicotine pouches or other nicotine-containing products may require the adjustment of the dosing of certain medicines (e.g. theophylline, clozapine, ropinirole).
- If you have questions about whether you should use nicotine pouches given an existing health condition, you should consult a health care professional.

## **M**IMPORTANT SAFETY INFORMATION

### **MARNING** Choking and ingestion

- Keep nicotine pouches out of reach of children and pets at all times.
- CHOKING HAZARD Nicotine pouches contain small parts.
- INGESTION HAZARD —If a nicotine pouch is swallowed, please seek medical attention immediately. Dispose of pouches immediately after use.

#### **A** WARNING Irritation risk

• Do not chew and exercise caution during use to prevent damage to nicotine pouches. Stop using nicotine pouches and seek medical attention if you experience discomfort or irritation, such as mouth ulcers.

• Wash hands after handling nicotine pouches and avoid touching eyes. In case of contact with eyes, rinse immediately with water and seek medical attention.

#### **Allergic Reaction Risk**

- Using nicotine pouches could cause an allergic reaction, such as swelling of the face, lips, tongue, gums, throat, or body, difficulty breathing, or wheezing.
- Stop using nicotine pouches and seek medical attention immediately if you experience any of the symptoms above as they may indicate a serious allergic reaction.

#### Use of Nicotine Pouch

- Nicotine pouches are single use only and should never be re-used. Only use as directed.
- Only use one pouch at a time.
- Do not modify nicotine pouches in any way or add any substance to a nicotine pouch. Doing so may cause injury.

#### Usage and Storage

- Do not use nicotine pouches where the use is prohibited.
- Do not store nicotine pouches in excessive temperatures or humidity, or outside of can. Do not use nicotine pouches if exposed to excessive temperatures or humidity.
- Use nicotine pouches by the Best if Used by Date indicated on the product label.
- Keep can closed when not in use. Use nicotine pouch promptly once removed from the can.
- Do not use nicotine pouch if it appears to be damaged, tampered with, or broken, and stop using if pouch becomes damaged during use.
- Store and dispose of nicotine pouches in a place inaccessible to children or pets.
- Dispose of nicotine pouches and container properly in the trash can..

#### Reporting of adverse events or incidents

- If you experience any unwanted health effect when using a nicotine pouch, consult a health care professional.
- You can report any adverse event or incident directly by contacting your local Call Center at [0800-SHIRO i.e. 0800-74476]. By reporting side effects, you can help provide more information on the safety of this product.

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