The Health Club Day Pass experience is available at 37 locations:

- Avon (South West) Bristol
- Avon (South West) Bristol
- Cambridgeshire (South East) Huntingdon
- Cambridgeshire (South East) Peterborough
- County Durham (North) Durham
- Derbyshire (North) Morley
- Dorset (South West) Bournemouth
- Essex (South East) Waltham Abbey
- Glamorganshire (Wales) Swansea
- Grampian (Scotland) Aberdeen
- Greater London (London) London
- Greater London (London) London
- Greater Manchester (North) Manchester
- Greater Manchester (North) Manchester
- Gwenton (Wales) Chepstow
- Hampshire (South East) Portsmouth
- Hampshire (South East) Southampton
- Kent (South East) Bexleyheath
- Kent (South East) Maidstone
- Lancashire (North) Preston
- Leicestershire (Midlands) Leicester
- Lothian (Scotland) Edinburgh
- Merseyside (North) Liverpool
- Middlesex (South East) Hayes
- Norfolk (South East) Norwich
- North Yorkshire (North) York
- Northamptonshire (Midlands) Northampton
- Strathclyde (Scotland) Edinburgh
- Strathclyde (Scotland) Glasgow
- Tyne & Wear (North) Gateshead
- Tyne & Wear (North) Newcastle Upon Tyne
- Tyne & Wear (North) Sunderland
- West Midlands (Midlands) Birmingham
- West Midlands (Midlands) Birmingham
- West Yorkshire (North) Bradford
- West Yorkshire (North) Leeds
- Wiltshire (South West) Swindon